Throughout Switzerland

In French-speaking Switzerland In German-speaking Switzerland

In Ticino

My canton's youth protection service

Each canton has official youth and family advice centres. For serious concerns (e.g. physical or sexual abuse), these services can listen to me, advise me, direct me, contact professionals, accompany me to appointments, etc. I can contact the main number and explain my request.

This is the quickest way to be directed to the right person.

I CAN FIND THE PROTECTION SERVICE
IN MY CANTON

∠ LINK

EducaSwiss

This organisation can help me as a careleaver with the transition from life with a foster family or in an institution to independence.

∠ <u>LINK</u>

Lawyers

I can obtain information about lawyers and their roles. Lawyers can help represent my interests in any proceedings and throughout the process of asserting my rights (art. 19c CC).

Help for victims

There are victim support services in every canton. Some cantons have specialised services, such as Kokon in Zurich. They also offer me an initial consultation by telephone and inform me of the steps I can take.

∠ LINK

APEA

The APEA is the competent authority to take decisions to protect me if my development and well-being are seriously threatened, for example if I have been physically, mentally or sexually abused or if I have been severely neglected.

⊿ LINK

The Kescha hotline

The Child and Adult Support Centre (KESCHA) offers information and advice to people affected by a child or adult protection measure. Among other things, the centre advises people who have questions about guardianship or the procedures of the child and adult protection authority (APEA) or the court. This hotline can answer all my questions about a placement.

∠ LINK

Ombuds Office Children's Rights Switzerland

The mediation service will answer my questions and discuss with you how the mediation service can help. The interview is free and confidential.

+41 52 260 15 55 INFO@OMBUD.CH

Juris Conseil Junior

(legal advice for French-speaking regions)

I can contact a lawyer who can help represent my interests in any proceedings (art. 19c CC).

022 310 22 22 (Monday to Friday 9am - 5pm) \(\sqrt{LINK}\)

On t'écoute.ch

I can ask questions on the site and a professional will answer all my questions (aged 18 to 25)

LINK

Caritas

(Canton of Jura, Vaud and Aargau)

If I have concerns or problems at school, during an apprenticeship, with young people my own age or at home, Caritas offers advice for young people aged 14 to 25, as well as discussion groups for children of separated parents.

∠ LINK

SOS children in Geneva

I can telephone for help and general information.

022 312 11 12 \(\square\) LINK

Prison hotline

If my parent is in prison, I can get advice from this helpline.

0800 233 233 **△** <u>LINK</u>





Tschau.ch

I can ask questions on the site and a professional will answer all my questions (aged 13 to 18)

∠ LINK

familea.ch

(Basel and Aarau)

If I can't live with my family, this organisation gives me information on the various options available to me. It also offers counselling services for women, so my mother could find some support here.

061 2608380 **□** LINK

PACH

The Swiss Association for the Placement of Children in Foster Families offers me a counselling session without any obligation.

044 205 50 40 info@pa-ch.ch

Ufficio del sostegno

a enti e attività per le famiglie e i giovani

I can find information on support for young people, youth policy and initiatives to help families and young people.

∠ LINK

Centri educativi per minorenni

accompagnamento in appartamento e centri diurni

I can find information about the placement procedure, the stages involved and the various institutes that care for young people in the canton.

∠ LINK